



INITIATIV LIEWENSUFANK
DEBUT DE LA VIE - BEGINNING OF LIFE

“Eidel Äerm”

Consultations for bereaved parents

For parents who have lost their baby during pregnancy,
at birth, or within the first year of life.

• You are no longer
where you once were,
but you are
everywhere I am •

Anonymous



Your baby has passed away - what can you do?

This is a difficult question. There is no right or wrong answer - only what feels right for you.

- Take the time you need to process the news, at your own pace.
- Do not hesitate to talk to your doctor; every question and every emotion deserves to be heard.
- If you wish, you can spend some time with your baby - hold your baby in your arms, or dress your baby. This moment can be precious. Fear is natural, and sometimes, by acknowledging it, we slowly begin to let go.
- Giving your child a name can also hold deep meaning for you.
- You may wish to keep a memento - a photo, a footprint or handprint, a lock of hair, or your baby's hospital bracelet.
- Sometimes, relatives may want to see the baby; if it feels right to you, you can share this moment with them.
- Follow-up care with a midwife after birth is also possible.
- Some families choose to give their baby a symbolic object: a letter, a drawing, a soft toy, or another small item filled with love.

• Even the smallest
life can leave an
everlasting mark •

Anonymous

We are here for you

In moments of unspeakable pain, when faced with such a profound loss, it can be invaluable to find a space for listening, information and comfort. The "Eidel Äerm service" was created by parents who themselves experienced the loss of a child. Today, it is carried forward by experienced and compassionate professionals, specially trained to accompany each parent with sensitivity and respect.

You are not alone

From the very first moments, you can receive attentive and confidential support through individual consultations, in a safe and non-judgmental space for listening.

Consultations are free of charge!

• It is not the length of a life
that gives it meaning,
but the love that filled it •



Anonymous